

Walking in this heat? Are you Crazy?

Happy Feet Walkers Club in the Ballroom

Bring a friend and come walk in the air conditioned ballroom.



Walk two laps then reverse it for two laps, then circle around the middle. Try slowly walking backwards and tone that Tush! We all need more steps for a healthy life.

Come join us: Tuesday 9:00am-10:30am

Thursday 9:00pm-10:30pm

Most Saturdays and Sundays are available during the day when events are not scheduled.

Hope to see you there!