A LITTLE HELP FROM MY FRIENDS

Do you have a task that you are having a little difficulty doing these days? **If so, then you need...**



"A Little Help From My Friends" (ALHFMF)

The **ALHFMF** program provides help to our friends who may be needing assistance doing certain things like replacing a light bulb or moving furniture or changing the AC filter, etc. Helpers are asked to respond to a request for help from a resident through the **ALHFMF** coordinator. The coordinator then asks the selected helper(s) to contact the resident to make arrangements to get the job done.

The resident gets the help that they need **free** of charge and the helper gets the **satisfaction** of helping someone in need.



Call or text Les at 602-377-2447 and he will send over helper(s) who will get that job done