



Labor Day to retirees is usually just another Monday. However, not so long ago, we loved the idea of another Monday holiday off work. Remember?

Did you know that Laobr Day was established in 1894 as a reminder of the many contributions workers made throughout US history? The first celebration was also a sort of one-day strike, with workers asking for better pay and shorter hours. These demands from the labor movement eventually gave us the eight-hour workday and five-day workweek. This year the holiday is **September 4** and will be here before we know it so enjoy the day with friends and relatives and be thankful if you are retired. You earned it!



Patriot Day 9/11 Remember?

I sure do. I remember talking to my boss when someone told him to turn on the television in our conference room. I carried my papers we were discussing and followed him so we could continue finalizing our presentation. Then we were all stunned as we watched the news and what happened. Suddenly the presentation for the next day did not matter. I am sure you remember where you were that day. We need to keep reminding ourselves each year and say prayers for those who lost their lives to this

tragedy. We should NEVER forget or let our guard down. Those brave people who helped "Save the Day" are heroes. Did you know that in Gilbert, Arizona they have a beam that once held up the North Tower of the World Trade Center? This outdoor memorial is open to the public any time, day or night.

Check it out and let us never forget.

9/11 Memorial Plaza, 50 E. Civic Center Drive. Gilbert, AZ 85296

Submitted by Board Member Cheryl McDonald



A wise man once said "Those who are happiest are those who do the most for others."

A wise woman once said "Volunteers don't get paid, not because they're worthless, but because they're priceless."

One of the great aspects of the Crescent Run culture is that many residents help many other residents every day, all the time and that's great.

The Residents Organization has many opportunities for people to get involved in volunteer activities. Here are a few:

- Wellness Safety Check Program make daily wellness calls to residents who live alone, have health issues, or those who simply want someone to touch base with them daily. Sharon Wilwerding is always looking for residents who want to be volunteer callers.
- A Little Help From My Friends program provides a service to our neighbors who
 may be needing assistance doing certain things like replacing a light bulb or
 moving furniture or changing the AC filter, etc. Right now, the program needs
 more volunteers especially those who can move or lift things or work on a
 ladder.
- Golf Cart Wellness Check program provides a monthly service for those residents who need their golf cart battery water and tire air pressure checked and topped off as needed. Right now, the program needs four additional pit crew members – two more for the tire and two more for the battery stations.
- The Res Org Board of Directors has a vacancy for the Treasurer position.
 The Treasurer is responsible for collecting and disbursing Res Org funds, maintaining the credit union account and periodic financial reporting.

Another wise person said "Every good or giving act you commit creates ripples, and depending on the intention you have when you start this act you may just cause more ripples, and more, and so on.

Thank you to all of you who are considering these opportunities. We welcome you.

If you would like to volunteer with the Res Org programs mentioned above, please contact any board member or email the Res Org at crresorg@gmail.com.

Les Norde

Crescent Run Management Recent Accomplishments and Current Projects

Crescent Run management completed:

- ✓ Defibrillator Acquisition YES! Thanks to a donor to the Residents Organization, Crescent Run and the Social Committee
- ✓ Ballroom air conditioner status YES!! Installation in process
- ✓ Pool mold & old caulking removed, cleaned calcium building up and removed any old residue. Plus – new caulking done
- ✓ Problem trees in horseshoe pit area removed
- ✓ Enid dog park irrigation repaired grass is coming back
- ✓ Dying oleanders by pickleball/tennis courts watering system repaired, seeing some green
- ✓ Sidewalk debris south of Hawes gate remedied
- ✓ Entryway American flag replaced
- ✓ Downed branches and leaves removed

Current projects discussed at August 25th Management meeting:

- Damaged bricks in green area east of little dog park noted
- Dying Loop 202 oleanders noted
- Overhanging tree south of Hawes gate noted
- Overhanging tree along exit way needs to be trimmed noted
- Crescent Run Drive 15mph sign obscured noted
- Horse shoe pit needs repair noted
- Dying shrubs in common areas scheduled for removal
- Entry way paper sign needs to be laminated
- Damaged gravel areas noted
- Exercise room mirrors by treadmills status under review, exploring alternatives
- Missing/sparce gravel in several places noted
- Irrigation line broken on south side of little dog park noted
- Leaves accumulated in overflow parking area noted
- Southwest water retention area flooding can't reduce watering because it's on an irrigation circuit with other areas
- Dying/dead shrubs by overflow parking area landscapers will remove in September
- Dead shrubs along entry and exit ways plants are guaranteed and the landscaper will replace them when the weather cools off
- Dead leaves accumulated at Hawes entryway noted
- SRP lights perpetually on along Crescent Run drive will contact SRP
- Dead/damaged shrubs along walkway by mushroom oleander in process



Safety Officer (ROSO)

The ROSO's recent trip to California confirmed the need for a Round Up article on Traffic Safety. Age, a prominent theme in this article and probably in most of my future safety articles, cannot be ignored. Deny it all you want but our reflexes and



our minds aren't what they used to be! What I discovered on my most recent trip – rest a spell. Hopping out of a car for a 'pee' break no longer qualifies as a reasonable rest stop. By the way, when was the last time you "hopped" out of a car? Walk, walk, stretch, and walk – take an extra five minutes to walk every time you exit your vehicle. Arriving an hour late is better than...

Stay focused on your driving, it gets harder every year, and all the safety devices and warning lights in the world won't save a wandering mind. You remember as a kid, the old folks driving along blocking the road ahead? I always wondered what they were thinking. I concluded on my recent trip - - THEY WEREN'T THINKING! That may sound harsh but a couple of seconds in la-la-land at 65 mph, or even 45 mph can kill.

Lastly, just because you are old doesn't mean you now own the road. Pull over and let the youngsters go by, it's less stressful for all concerned. Furthermore, don't stress yourself out. Plan your trips, short or long, and be mindful of your travel times.



Most of us are retired and can travel anytime we want.

As the song lyric goes, sometimes it's better to

'Take the long way home...'

Don Wharff (ROSO)

What musical genre do seniors with arthritis listen to? Pop.

Did you know the speed limit in Crescent Run is 15 miles per hour? Not 20 or 25!! Please be careful and not run stop signs. It is the LAW!



It Takes a Community to . . .

Barbara, Sonny and Paco Brooks moved recently from their residence in the compound to a place on Enid. With help from friends and family, the Brooks moved their furniture and possessions, but they couldn't move the beautiful landscaping features from their old house. That part of their property was to remain for the new residents to enjoy.

Barbara knew that their new place would need some landscaping improvements, so she created a plan. A key feature in the plan was a gazebo. The gazebo she chose required some assembly so she called "A Little Help From My Friends".

On a bright sunny Sunday morning in early August, Marty and Marlin Mullnix, Paul Bykowski and Les Norde gathered at the Brooks house and proceeded to get that gazebo put together. They opened the box, laid out the pieces and got to work, smartly following the instructions. Barbara was there for moral support and served the workers water and treats. Somebody said, "this is just like the Erector Set I had as a kid." Teamwork and a focus on the end result made the morning go faster. Work continued the next morning and by 8:30am, it stood completed.



The gazebo still needs a roof, so when those pieces arrive, the volunteers will spring into action again. Soon, Barbara, Sonny and Paco will have a nice place to relax in their new backyard.

Amazing things happen when we work together.

Let's try to get more involved and see what will happen next.

Submitted by A Little Help From My Friends"



Hear Ye Hear Ye:

Residents Organization Community Meeting

Saturday September 2 at 9:00am in the ballroom

Free coffee, water & donuts!

Come find out what the Residents Organization has been doing and how to become a member!

COFFEE

We are here for you!

Volunteering

Do you know how rewarding it can be to volunteer and help others in need? Some residents only donate a few hours a week or month. It does not have to take a lot of time.

Please consider donating time to our "Golf Cart Wellness Check" (if you are physically mobile to bend over or even kneel down to check tire pressure) or maybe you would like to offer time if a resident "Needs A Little Help From a Friend". Still not sure? Come join our team!!

Contact us using email crresorg@gmail.com

Or

call Les Norde or Cheryl McDonald for more details.

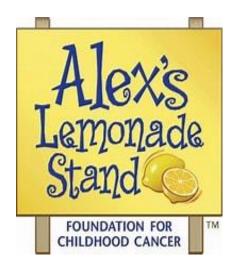


Christmas in July?

Kisses and hugs to Santa's helper Ken Michealson! Ken was spotted last week, ladder in hand, checking and repairing our Holiday lighting.

Can **Christmas** be just around the corner????

Fighting Childhood Cancer, One Cup at a Time



Please visit Crescent Runs Alex's Lemonade Stand on:

When: Annual Patio Sale - Saturday, November 18, 2023

Where: Crescent Run Club House Area

Time: 9:00 AM

Alex's Lemonade Stand Foundation (ALSF) emerged from the front yard lemonade stand of 4-year-old Alexandra "Alex" Scott, who was fighting cancer and wanted to raise money to find cures for all children with cancer. Her spirit and determination inspired others to support her cause, and when she passed away at the age of 8, she had raised \$1 million. Since then, the Foundation bearing her name has evolved into a national fundraising movement and is one of the leading funders of pediatric cancer research in the U.S. and Canada.

Submitted by Residents Geri Bykowski, Linda Wharff, & Claudia Taylor

SPREAD THE GLOW

Reminder: Last chance to order is September 2 at Residents Organization Meeting.

Luminaria Program

Created by Maggie O'Reilly and Myrna Mitchell

Purpose:

- Have luminarias at every lot in Crescent Run during the holidays
- Do something wonderful for Sunshine Acres How will it work:
- Residents will order and pay with check by September 2nd \$28 per kit
- Team will order luminaria kits in September/October
- · Team will distribute kits on November 4th
- Residents will set up luminarias on the day after Thanksgiving
- Team will give \$5 per kit to Sunshine Acres (200 kits = \$1000)

SPREAD THE GLOW!! LUMINARIA ORDER FORM

NAME		_CELL		
LOT #	QUANTITY		\$ ENCLOSED	
ALTERNATE RECEIVER(Retain below this line)			CELL	



TO WHOM: Prepay with check (only) payable to MAGGIE O'REILLY.

Attach check to this order form and enclose in envelope

HOW MUCH: \$28 per set

WHERE TO DROPOFF: Black Box by front entrance of clubhouse

ORDER BY WHEN: no later than September 2nd, 2023

PICKUP: Nov. 4th after the Res Org meeting in Ceramics room (next to Billiards)

Contact Info: Maggie O'Reilly 505-363-2588 or Myrna Mitchell 605-390-2614

Submitted by Residents Maggie O'Rielly & Myna Mitchell & Friends

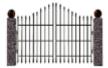
PLEASE

DO NOT GIVE OUT YOUR GATE CODE TO ANYONE!

Not even when ordering from Amazon or other mail order websites!!

The code is for residents only!!

Vendors MUST check in at the Welcome Center Guard Shack



Four sided inspections? Way too early? Not really!

They start in October so never too early to start walking around your yard to inspect your house and landscaping.



Where to start?

Pick up a "Four- Sided Inspection Checklist" in the Clubhouse and start today!







Popular Senior Texting Acronyms

- ATD At the Doctor's
- BFF Best Friends Funeral
- BTW Bring the Wheelchair
- CBM Covered by Medicare
- CUATSC See You at the Senior Center
- DWI Driving While Incontinent
- FWBB Friend with Beta Blockers
- FWIW Forgot Where I Was
- FYI Found Your Insulin
- GGPBL Gotta Go, Pacemaker Battery Low
- GHA Got Heartburn Again
- HGBM Had Good Bowel Movement
- IMHO Is My Hearing-Aid On?
- LOL Little Old Lady (Who in the park says this all the time?)
- LMDO Laughing My Dentures Out
- OMMR On My Massage Recliner
- OMSG Oh My! Sorry, Gas
- ROFL...CGU Rolling on the Floor Laughing...Can't get Up!
- TTYL Talk to You Louder
- WAITT Who Am I Talking To?
- WTFA Wet the Furniture Again
- WTP Where's the Prunes
- WWNO Walker Wheels Need Oil
- GGLKI Gotta Go, Laxative Kickin in!



Saturday Nite Out! What fun!

Italian Night thanks to Linda Wharff!





Dancers too!

Residents came to socialize and get out of the house!

Mark your calendar for

Saturday, September 30 5:00pm – 6:30pm

in the Ballroom.

The theme is "New Orleans"!

Come join us and have some fun!!

Sponsored by residents

Mesa Public Library

Are you a member? Did you know they offer discount Cultural Passes? For more information go to **mesalibrary.org/home-library** then scroll down to Cultural Passes on the right. Click on your destination of interest for more information. Then drive to one of the libraries and talk to the front desk about the pass you would like. A Culture Pass gives library users two free tickets to participating local cultural institutions. Each household can check out one pass at a time (maximum of two a month). Culture Passes are available on a first-come, first-served basis starting at 10:00am in the library.

*9:00 am - 10:00 am (Monday-Saturday) is a self-service hour at all locations. Computers are available with a library card and items can be checked out using the self-check machines. Staff is available at 10:00 am.

Participating Destinations:

Arcosanti (Cordes Junction)

Arizona-Sonora Desert Museum (Tucson)

Besh Ba Gowah Archaeological Park

Boyce Thompson Arboretum (Superior)

Cave Creek Museum (closed June 1-Sept 30)

Desert Botanical Gardens

Desert Caballeros Western Museum

Gilbert Historical Museum

Heard Museum

Mesa Historical Museum

Phoenix Art Museum

Pueblo Grande Museum

Reid Park Zoo (Tucson)

River of Time Museum & Exploration Center

Scottsdale Museum of Contemporary Art

Sedona Heritage Museum

Superstition Mountain Museum

The Arboretum at Flagstaff

University of Arizona Museum of Art

Verde Valley Archaeology Center (Camp

Verde)

They also offer free events, local author fairs and online events.

Be Adventurous and Check it out!!

Submitted by Board Member Cheryl McDonald



Did you know?

Crescent Run has a really nice dog shower in the Dog Park on 85th Way (street across from the Ballroom parking lot)

Saves you making a mess in your bathtub!

Check it out!!

Reminder: No pets allowed in the common areas per CR Rules & Regulations

Birthday Golf Cart Brigade



Sponsored by Residents Organization

The Birthday Brigade may be coming to your home or neighbors soon.

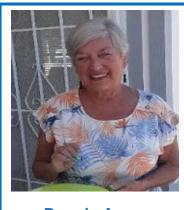


Everyone has fun!

Residents who were surprised this past month:



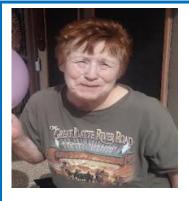
Barb Caffery



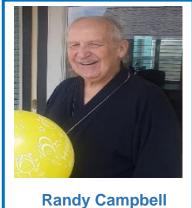
Bonnie Amey



Brenda Jensen



Kathy Carr





















Photos by Board Members Les Norde & Cheryl McDonald & Don McDonald

Thanks so much for reading our Round Up Newsletter.

Contact Res Org:

CR Residents Organization 8500 E Southern Ave Mesa, AZ 85209-3602 Residents Organization Email: crresorg@gmail.com

More to follow in October!